

RSE Whole School Overview of Topics – 2019/2020

Lead Teacher: Emma Pearson

Lead Governor: D. Tomlinson



Autumn Term							
	Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Topic Title	Personal Safety	Gender Differences	Reproduction	The body	Body Parts	Relationships	Body image
Key Question	<i>What does being safe mean?</i>	<i>Can we name our different body parts?</i>	<i>How to living things grow and change?</i>	<i>How do our bodies work?</i>	<i>Can I name parts of the reproductive system?</i>	<i>Where can I go if I need help?</i>	<i>What do I think about how I look and how can that be influenced?</i>
Focus	<ul style="list-style-type: none"> ▪ To identify safe areas to play in. ▪ To identify unsafe people. ▪ To express themselves. 	<ul style="list-style-type: none"> ▪ Recognise the different parts of the human body. ▪ Understand the concept of gender. ▪ Appreciate gender difference and accept diversity. 	<ul style="list-style-type: none"> ▪ Are able to identify and understand the stages of life and how things grow. ▪ Understand the basics of human reproductions. 	<ul style="list-style-type: none"> ▪ Are able to explain how the body functions. ▪ Are able to identify the male and female external reproductive parts. 	<ul style="list-style-type: none"> ▪ Are able to name the various parts of both male and female reproductive systems 	<ul style="list-style-type: none"> ▪ Are able to identify problems and deal with them ▪ Know where to get help 	<ul style="list-style-type: none"> ▪ Understand why personal hygiene is important ▪ Understand the effect of peer pressure ▪ Are assertive in their choices about body image
Enhancement							
Time	30 mins per week	30-40 mins per week	40-60 mins per week	1 hour per week	1 hour per week	1 hour + per week	1 hour + per week

Spring Term							
	Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Topic Title	Personal Hygiene	Relationships	Growth	Changes	Reproduction	Body Image	Changing relationships
Key Question	<i>How can I keep myself clean?</i>	<i>Are all relationships the same?</i>	<i>How do our bodies change and why?</i>	<i>Do relationships always stay the same?</i>	<i>How and why does reproduction happen?</i>	<i>What influences how we feel about how we look?</i>	<i>Should I listen to others?</i>
Focus	<ul style="list-style-type: none"> ▪ Understand the need for cleanliness. ▪ Can practice good personal hygiene. 	<ul style="list-style-type: none"> ▪ Understand the diverse range of relationships. ▪ Appreciate that there are different types of relationships. ▪ Accept diversity and change within relationships. 	<ul style="list-style-type: none"> ▪ Are able to name the different parts of the body. ▪ Are able to identify what changes take place and why. 	<ul style="list-style-type: none"> ▪ Are able to identify different emotions and how these can change. ▪ Are able to identify how the nature of relationships change as we get older. 	Are able to explain how and why human reproduction happens	<ul style="list-style-type: none"> ▪ Are able to identify their own body image and the influences on it ▪ Have respect for themselves and others 	<ul style="list-style-type: none"> ▪ Recognise and deal positively with peer pressure ▪ Understand the importance of communication within relationships
Enhancement							
Time	30 mins per week	30-40 mins per week	40-60 mins per week	1 hour per week	1 hour per week	1 hour + per week	1 hour + per week

Summer Term							
	Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Topic Title	Gender Differences	Communication	Developing relationships	Personal Space	Relationships	Puberty	Reproduction
Key Question	<i>How are we different and how are we the same?</i>	<i>What can we do to keep ourselves safe?</i>	<i>What makes a relationship good?</i>	<i>How can I keep myself clean and safe?</i>	<i>How does puberty affect relationships?</i>	<i>What changes happen during puberty?</i>	<i>How have our bodies change and will they change anymore and why?</i>
Focus	<ul style="list-style-type: none"> Understand the concept of gender. Identify differences in gender. 	<ul style="list-style-type: none"> Identify a range of emotions and deal with them in an appropriate manner. Know how to ask for help when needed. 	<ul style="list-style-type: none"> Are able to identify good and bad relationships. Are able to practice the components of good relationships such as communication and honesty. 	<ul style="list-style-type: none"> Are able to understand the concepts of personal space and safety. Are able to keep themselves clean and hygienically safe. 	<ul style="list-style-type: none"> Are able to identify how and why relationships change around puberty Are able to negotiate new relationships and deal with the changes in existing relationships including with friends and parents/family 	<ul style="list-style-type: none"> Are able to identify changes in their own bodies Understand the process of puberty 	<ul style="list-style-type: none"> Recognise the changes in their own bodies in relation to puberty Understand human reproduction including sex
Enhancement						Visit from school nurse	
Time	30 mins per week	30-40 mins per week	40-60 mins per week	1 hour per week	1 hour per week	1 hour + per week	1 hour + per week