

ANXIOUS ABOUT SCHOOL PROJECT





AWARENESS RAISING ASSEMBLIES / WORKSHOPS & **PEER MENTORING**

Our school will be working with **Investing in Children who will provide** assemblies for the children & young people which aim to raise awareness of anxiety and autism within the school.

They will also be offering autism awareness workshops as well as delivering a Peer Mentoring programme for children and young people to support them to look out fo each other whilst in school.

TERMLY TARGETED ATTENDANCE MEETINGS

As a school we really want to supprt children to attend as regularly as possible. We will be working with the **Attendance Improvement Team within Durham County Council with the aim** to:

Identify, discuss and agree ways to support families of pupils who are regularly absent or those at risk of becoming so with a particular focus on children who are absent due to anxiety.



As part of this project our school will be looking at how we are working with children, young people and families to ensure your voices are heard and a collaborative approach to support is at the heart of all our practices.

We will be creating opportunities where children and the wider family can tell us what we're doing well to support your children, or areas we could improve to ensure children feel safe, happy and healthy whilst attending school.

FEARLESS FAMILY SUPPORT PROGRAMME

Did you know there is a course for parents/carers of children aged 6-14 years that can help when you have a child who has anxiety which might be causing them to miss school? This programme is available via your local Family Hub in partnership with the Emotional Health & Resilience Nurse Team.

If you think this might be helpful for you and your family please let us know and we can share more information with you.

WHOLE SCHOOL SUPPORT

Our school has been assigned a Specialist **Advisory Support Teacher to support us** through our journey. Our staff will be accessing a range of training opportunities tailored to help us meet the needs of our children and young people. They will help us develop an action plan so we can measure any changes or positive outcomes for the children and wider family.

FIND OUT MORE

This is a fantastic project to be a part of and we're really excited to be involved. We want our children and families to feel included within this work in order to improve outcomes for all of our children and young people.

If you would like any more information about the Anxious about School Project please get in touch with us to find out more.

